



# GYM AND MARTIAL ARTS TIMETABLE



DAY	TIME	ACTIVITY
<b>MON</b>	<b>16:30 - 18:30</b>	<b>Gymnastics</b>
	<b>17:00 - 18:00</b>	<b>Richard Stephens Badminton</b>
	<b>19:00 - 21:00</b>	<b>Tae Kwon do</b>
<b>TUE</b>	<b>16:30 - 18:30</b>	<b>Gymnastics</b>
	<b>17:00 - 19:00</b>	<b>Synergy Trampoline Club (SMALL HALL)</b>
	<b>18:30 - 21:30</b>	<b>Fencing (MIDDLE SCHOOL)</b>
	<b>20:30 - 22:00</b>	<b>TDMS Development - Adult Basketball</b>
<b>WED</b>	<b>16:30 - 18:30</b>	<b>Gymnastics</b>
	<b>19:00 - 20:00</b>	<b>TDMS Development - Parkour</b>
<b>THURS</b>	<b>16:30 - 18:30</b>	<b>Gymnastics</b>
	<b>19:00 - 20:00</b>	<b>Tae Kwon do</b>
<b>FRI</b>	<b>16:30 - 18:30</b>	<b>Gymnastics</b>
<b>SAT</b>	<b>09:00 - 12:00</b>	<b>Gymnastics</b>